



ACADEMIA INFO

AREAS OF EXPERTISE

Psikologi
Psikologi Industri dan
Organisasi

SUPERVISION

PhD

Completed : 7

Ongoing : 8

Master

Completed : 22

Ongoing : 6

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my EXPERT@UPSI



Profesor Madya Dr. Hazalizah binti Hamzah

✉ hazalizah@fpm.upsi.edu.my

☎ 05-4507666

📍 Faculty Of Human Development
Universiti Pendidikan Sultan Idris (UPSI)

BIOGRAPHY

A lecturer from the Faculty Of Human Development , Universiti Pendidikan Sultan Idris, Tanjung Malim, Perak, Malaysia. Specializes in Psikologi Industri dan Organisasi.

ACADEMIC QUALIFICATION

- 2011 **Ijazah Doktor Falsafah (Psikologi)**
Universiti Kebangsaan Malaysia
- 1999 **Ijazah Sarjana Sastera (Psikologi)**
UM
- 1996 **Ijazah Sarjanamuda Sastera (Psikologi)**
UKM

RESEARCH

- Gadget Usage Trend Among Preshoolers In Malaysia
2018 **Leader** | Jabatan Perdana Menteri
- Work Outcome, Resilience And Psychological Well Being Of Low Income Working Mothers In Malaysia And Indonesia
2025 **Leader** | Universiti Pendidikan Sultan Idris
- Lectures? Mental Health And Work Engagement; A Diary Study On The Role Of Perceived Supervisor Support
2021 **Leader** | Universiti Pendidikan Sultan Idris
- Pengangguran Graduan : Pembinaan Dan Kesahan Modul Kebolehpasaran Graduan Universiti Awam Malaysia
2018 **Leader** | Universiti Pendidikan Sultan Idris
- Kesan Penggunaan Bahasa Dalam Facebook Ke Atas Kebolehpasaran Bakal Graduan
2018 **Leader** | Universiti Pendidikan Sultan Idris

RESEARCH

- 6 Peranan Faktor Sikap Mementingkan Kesempurnaan, Dimensi Personaliti Dan Kesihatan Mental Dalam Gejala Pengangguran Siswazah Universiti Awam
2017 Leader Universiti Pendidikan Sultan Idris
- 7 Kesan Aktiviti Di Laman Sosial Terhadap Peluang Diterima Bekerja Dalam Kalangan Pelajar Tahun Akhir
2015 Leader Universiti Pendidikan Sultan Idris
- 8 Personaliti Dan Kepimpinan Guru Penolong: Satu Tinjauan Awal
2007 Leader Universiti Pendidikan Sultan Idris
- 9 Framework For Adolescent Resilience To Life Challenges With Integration Of B40 Working Mothers' Psychological Well-Being And Work Outcomes
2024 Leader Kementerian Pengajian Tinggi
- 10 Job Hopping Phenomenon Among Working Adults From Generation Z: A Qualitative Exploration
2027 Leader
- 11 Kajian Penilaian Prestasi 360 Dalam Kalangan Ketua Pusat Tanggungjawab UPSI
2025 Leader Universiti Pendidikan Sultan Idris
- 12 The Development And Validation Of Cross-Cultural Heart Failure-Specific Questionnaire
2014 Member Kementerian Pengajian Tinggi
- 13 Integrating Regular Solat As Daily Activity Into Sleep Quality Model Among Young Adults
2024 Member
- 14 Developing Emotional Competence Module To Handle Youth Emotional Issues For Psychological Well-being
2019 Member Kementerian Pengajian Tinggi
- 15 Perbandingan Faktor Risiko Dan Pelindung Penyalahgunaan Bahan Dalam Kalangan Remaja Dan Belia Di Kawasan Bandar Dan Luar Bandar.
2013 Member Kementerian Dalam Negeri
- 16 The Role Of Interpersonal Justice In The Relationships Of Incivility On Lecturers' Job Satisfactions And Depressive Symptoms
2017 Member Universiti Pendidikan Sultan Idris
- 17 Exploring Influential Factors On High School Leavers' Choices For Tertiary Education Pre And Post-Pandemic
2025 Member Swasta Tempatan
- 18 PSIKOEDUKASI BUKU CERITA BERGAMBAR DIGITAL UNTUK MENGAJARKAN KESANTUNAN DAN KESOPANAN BERBAHASA PADA ANAK-ANAK
2024 Member Universitas Mercu Buana Yogyakarta

- 19 Intensi Turnover Pada Generasi Milenial Ditinjau Dari Dukungan Sosial Di Tempat Kerja
 2022 Member Universitas Mercu Buana Yogyakarta
- 20 Learning Experiences During COVID-19 Pandemic: Issues On Technological, Pedagogi, Cal, And Content Knowledge (TPACK), And Career Adapt-Abilities Among Teacher
 2021 Member Universitas Negeri Yogyakarta
- 21 PEMBINAAN MODEL KESANTUNAN BERBAHASA GURU BERTERASKAN KEPELBAGAIAN WARISAN BUDAYA MASYARAKAT MALAYSIA
 2024 Member Kementerian Pengajian Tinggi
- 22 Framework For Enhancing Mental Health For Malaysian Fire And Rescue Forces In Handling Hazardous And Stressful Work Conditions
 2022 Member Kementerian Pengajian Tinggi
- 23 Kit Simulasi Dan Latihan Pendidikan Pemikiran Positif Berdasarkan Kemahiran Berfikir Aras Tinggi (KBAT)
 2018 Member Kementerian Pengajian Tinggi
- 24 The Perception Of Facial Threat And Its Relation To Anxiety Among Secondary Schools Students.
 2018 Member Universiti Pendidikan Sultan Idris

PUBLICATIONS

- 1 **Grit and Career Adaptability in University Students: Resilience as a Mediator**
 e-Bangi Journal of Social Science and Humanities
 2025 Malaysian Citation Index Co-Author
 Correspondence Author
- 2 **Predicting Youths Well-Being Using Resilience and Family Resilience**
 International Journal of Developmental Sciences
 2025 SCOPUS First Author
 Correspondence Author
- 3 **Job Satisfaction, Organizational Justice, and Organizational Citizenship Behavior among Malaysian Employees**
 EDUCATUM Journal of Social Sciences
 2025 Malaysian Citation Index Co-Author
 Correspondence Author
- 4 **Validation of supervisor support scale and work-life balance checklist in Malay Language among Malaysian working mothers**
 International Journal of Public Health Science
 2024 SCOPUS First Author
 Correspondence Author

- 5 **Exploring the Role of Supervisors in the Psychological Well-Being of Low-Income Working Mothers**
Jurnal Psikologi Malaysia
2024 Non Index/Other Index Co-Author
Correspondence Author
-
- 6 **The 4-item family resilience scale: psychometric evaluation and measurement invariance of the Malay version in adolescents and young adults**
BMC psychology
2023 SCOPUS Correspondence Author
-
- 7 **Social support and mental health among female employees: the moderating effect of age**
International Journal of Public Health Science
2023 SCOPUS Correspondence Author
-
- 8 **Mental Health among Undergraduates from Malaysia and Pakistan: A Cross-Cultural Study**
Journal of Positive School Psychology (JPSP)
2022 Google Scholar Correspondence Author
-
- 9 **Comparison of Fear of COVID-19, Fear of Leaving Home, and Aspects of Working Adults' Life in Regard to Gender and Working Place**
International Journal of Asian Social Science
2022 Excellent Research Australia (ERA) Correspondence Author
-
- 10 **Perceived Supervisor Support and Work Engagement: Mediating Role of Job-Related Affective Well-Being**
Pakistan Journal of Psychological Research
2022 SCOPUS Correspondence Author
-
- 11 **Malay Translation and Validation of Career Adapt-Abilities Scale for Higher Learning Institution Students in Malaysia**
International Journal of Academic Research in Business and Social Sciences
2022 Excellent Research Australia (ERA) Correspondence Author
-
- 12 **Reliability and Validity of the Malay Version of Mental Health Inventory-18**
International Journal of Academic Research in Business and Social Sciences
2022 Excellent Research Australia (ERA) Correspondence Author
-
- 13 **Contribution of Job Stress and Self-Efficacy towards Burnout among Secondary School Teachers**
International Journal of Academic Research in Business and Social Sciences
2021 Excellent Research Australia (ERA) Correspondence Author
-
- 14 **Contribution of Emotional Intelligence and Job Stress toward Job Satisfaction among Lecturers of Polytechnic**
International Journal of Academic Research in Business and Social Sciences
2021 Excellent Research Australia (ERA) Correspondence Author
-
- 15 **The Role of Well-Being, Supervisor Support and Positive Feedback on Lecturers Work Engagement**
The Journal of Behavioral Science
2021 Web of Science Correspondence Author

- 16 **Meramal Pengangguran Siswazah Berdasarkan Faktor Demografi, Personaliti, Kesempurnaan dan Kesihatan Mental**
 Perspektif: Jurnal Sains Sosial dan Kemanusiaan
 2017 Malaysian Citation Index First Author
-
- 17 **Pengaruh Personaliti Lima Utama dan Ketagihan Internet ke atas Kerisauan Interaksi**
 Jurnal Psikologi & Kaunseling Perkhidmatan Awam Malaysia
 2016 Malaysian Citation Index First Author
-
- 18 **Kesan Aktiviti di Laman Facebook ke atas Peluang untuk Diambil Bekerja**
 Jurnal Psikologi & Kaunseling Perkhidmatan Awam Malaysia
 2016 Malaysian Citation Index First Author
-
- 19 **Exploring Sleep and Physical Activity among Young Adults Across Asia: A Systematic Literature Review**
 Malaysian Journal of Medical Sciences
 2025 SCOPUS Co-Author
-
- 20 **Relationship Between Physical Activity, Mood and Sleep Quality: Ecological Momentary Assessment Study Among Young Adults**
 International Journal of Developmental Sciences
 2025 SCOPUS Co-Author
-
- 21 **The importance of supervisor support for the work outcomes and psychological well-being of Malaysian low-income working mothers**
 Psikohumaniora: Jurnal Penelitian Psikologi
 2024 SCOPUS Co-Author
 Correspondence Author
-
- 22 **Social Support as Moderator for Psychological Adjustment, Anxiety, Stress, Depression and Its Interrelationship with Suicidal Ideation among Students Post-Outbreak of COVID-19 in Malaysia**
 Pakistan Journal of Life and Social Sciences
 2024 SCOPUS Co-Author
-
- 23 **Relationship of Psychological Adjustment, Anxiety, Stress, Depression, Suicide Ideation, and Social Support among University Students**
 International Journal of Academic Research in Business and Social Sciences
 2024 Excellent Research Australia (ERA) Co-Author
-
- 24 **School-based tobacco prevention and cessation program using psycho-education and counselling: a mixed method**
 Perspektivy Nauki i Obrazovania
 2024 SCOPUS Co-Author
-
- 25 **Work Outcomes and Well-being Among Working Women: A Systematic Literature Review**
 Pertanika Journal of Social Science and Humanities
 2024 SCOPUS Co-Author
-
- 26 **EMOGAMIFICATION TO REDUCE EMOTIONAL AND BEHAVIOURAL RISK OF SCHOOL DROPOUT AMONG PRIMARY STUDENTS**
 European Chemical Bulletin
 2023 Academic Journal Co-Author

- 27 **MOBILE USAGE, SHOPPING BEHAVIOR AND STUDY HABIT AS CONTRIBUTING FACTORS OF DEPRESSION, ANXIETY AND STRESS AMONG UNIVERSITY STUDENTS**
International Journal of Education, Psychology and Counseling
2019 Malaysian Citation Index Co-Author
-
- 28 **Experienced Workplace Incivility: Developing Emotional Exhaustion as a Mediator and Its Consequences Among Millennial Employees**
Jurnal Psikologi Malaysia
2019 Malaysian Citation Index Co-Author
-
- 29 **Mobile Usage, Shopping Behaviour and Study Habit as Contributing Factor to Depression, Anxiety and Stress: A Review**
International Journal of Academic Research in Business and Social Sciences
2020 Excellent Research Australia (ERA) Co-Author
-
- 30 **Perceived Social Support And Emotional Intelligence Among Juvenile Delinquents In Malaysia**
Jurnal Psikologi & Kaunseling Perkhidmatan Awam Malaysia
2019 Malaysian Citation Index Co-Author
-
- 31 **WORK ENGAGEMENT: THE ROLE OF AFFECTIVE WELL-BEING AND SUPERVISOR SUPPORT**
International Journal of Management (IJM)
2021 SCOPUS Co-Author
-
- 32 **Job satisfaction, psychological contracts, and turnover intention: Role of social support as a mediator**
International Journal of Research in Business and Social Science
2019 Google Scholar Co-Author
-
- 33 **Job satisfaction, psychological contracts, and turnover intention: Role of social support as a mediator**
International Journal of Research in Business and Social Science
2019 Google Scholar Co-Author
-
- 34 **Issues and challenges of work engagement among lecturers**
International Journal of Academic Research in Business and Social Sciences
2021 Excellent Research Australia (ERA) Co-Author
-
- 35 **EFFECTIVENESS OF EMOTIONAL COMPETENCY MODULE TRAIN-ING ON ADOLESCENTS EMOTIONAL INTELLIGENCE AND AUTO-MATIC NEGATIVE THOUGHTS**
Psychology and Education
2020 SCOPUS Co-Author
-
- 36 **The Comparison of Depression, Anxiety, Stress, and Coping Strategies among Malaysian Male and Female During COVID-19 Movement Control Period**
International Journal of Academic Research in Business and Social Sciences
2020 Excellent Research Australia (ERA) Co-Author
-
- 37 **Mental Health and Coping Response among Malaysian Adults during COVID-19 Pandemic Movement Control Order**
Journal of Critical Reviews
2020 SCOPUS Co-Author
-

- 38 **Effectiveness of Self-Esteem Based Interventions to Enhance Self Esteem and Academic Achievement among Undergraduate Students**
International Journal of Advanced Science and Technology
2020 Excellent Research Australia (ERA) Co-Author
-
- 39 **Employee turnover intention among Millennials: The role of psychological well-being and Experienced workplace incivility**
HUMANITAS: Indonesian Psychological Journal
2019 Google Scholar Co-Author
-
- 40 **Experienced workplace incivility: Developing emotional exhaustion as a mediator and its consequences among millennial employees**
Jurnal Psikologi Malaysia
2019 Malaysian Citation Index Co-Author
-
- 41 **Validation of the Emotional Competency Module**
Indian Journal of Public Health Research and Development
2019 SCOPUS Co-Author
-
- 42 **Determining the Reliability of the Emotional Competency Module on Malaysian Adolescents**
International Journal of Academic Research in Business and Social Sciences
2019 Excellent Research Australia (ERA) Co-Author
-
- 43 **Prevalence of psychological disorders among patients attending community health centers, Perak, Malaysia**
Indian Journal of Community Health
2017 SCOPUS Co-Author
-
- 44 **Emotional Competency Issues Faced by Youths in Malaysia**
International Journal of Academic Research in Business and Social Sciences
2018 Excellent Research Australia (ERA) Co-Author
-
- 45 **THE DIFFERENCE IN YOUTH EMOTIONAL COMPETENCY LEVEL BETWEEN GENDER, AND INSTITUTES, TUNAS BAKTI, SECONDARY SCHOOL AND UNIVERSITY STUDENTS**
International Journal of Education, Psychology and Counseling
2018 Malaysian Citation Index Co-Author
-
- 46 **Predicting Depressions with Child Abuse Potential among Career Parents in Melaka, Malaysia**
EDUCATUM Journal of Social Sciences
2018 Malaysian Citation Index Co-Author
-
- 47 **PREVALENCE OF PSYCHOLOGICAL DISORDERS AMONG COMMUNITY HEALTH CENTERS**
Indian Journal of Community Health
2017 SCOPUS Co-Author
-
- 48 **Relationship between Personality Traits and Perception of Family Functioning among Unwed Pregnant Teenagers**
International Journal of Humanities Social Sciences and Education (IJHSSE)
2017 Google Scholar Co-Author

- 
- 49 **Prevalence of Anxiety, Stress, Depression among Malaysian Adults during COVID-19 Pandemic Movement Control Order**
Indian Journal of Community Health
2020 SCOPUS Co-Author
-
- 50 **LifeStyle Behaviors as Contributing Factors of Depression Among University Students**
International Review of Social Science
2019 Google Scholar Co-Author
-
- 51 **Prevalence of psychological disorders among patients attending community health centers, Perak, Malaysia**
Indian Journal of Community Health
2018 SCOPUS Co-Author
-
- 52 **Skipping Breakfast and Lack of Physical Activity: Contributing Factors of Depressive Symptoms among University Students**
International Journal of Academic Research in Business and Social Sciences
2018 Excellent Research Australia (ERA) Co-Author
-

SUPERVISION

- 1 The Experienced And Instigated Incivility In Examining Psychological Distress And Job Satisfaction, With Sosial Support Among Nurses In South Sumatra, Indonesia
2026 PHD International Supervisor Completed
- 2 Organizational Commitment, Job Satisfaction, Job Stress, Psychological Contract And Turnover Intentions : Assessing The Role Of Social Support
2023 PHD International Supervisor Completed
- 3 Work-family Conflict, Marital Satisfaction, Job Satisfaction And Quality Of Life: The Mediating Role Of Couple Communication And Moderating Role Of Social Support.
2026 PHD International Supervisor Waiting for Viva
- 4 The Relationship Between Peer Support, Emotional Intelligence Self Esteem, Psychological Resilience, Negative Life Events And School Adaptation Among Left Behind Junior High School Student In Guangxi, China
2026 PHD International Supervisor Presentation
- 5 HUBUNGAN ANTARA KECEKALAN, SOKONGAN IBU BEKERJA DAN SOKONGAN RAKAN DENGAN KEBOLEHSUAIAN KERJAYA MAHASISWA PEKANBARU DAN KEBINGKASAN SEBAGAI PERANTARA
2026 PHD International Supervisor Presentation
- 6 Intervensi Berasaskan Sekolah Untuk Gangguan Psikologi Dengan Pendekatan Makna Hidup Remaja
2026 PHD International Supervisor Presentation
- 7 Peranan Sokongan Penyelia Dalam Hubungan Antara Kehematan, Neurotisme, Dan Buli Di Tempat Kerja Dengan Penglibatan Kerja Dalam Kalangan Guru Sekolah Rendah Di Kota Bandung
2026 PHD International Supervisor Presentation
- 8 An Integrative Model Of The Influence Of Occupational Self-Efficacy, Job Crafting, And Perceived Supervisor Support On Job-Hopping Intention Among Gen Z Employees In Indonesia: The Mediating Role Of Job Flourishing
2026 PHD International Supervisor In Progress
- 9 Investigating Demographic Factors And Workplace Incivility With Self-Efficacy On Job Outcomes Among Early Childhood Education Teachers
2023 PHD International Co-Supervisor Completed
- 10 Antecedents And Consequences Of Experienced Workplace Incivility Among Millennial Employees
2022 PHD International Co-Supervisor Completed
- 11 Kesan Modul Adventure Based Counseling Terhadap Kepuasan Kerja, Iltizam Kerja Dan Kecenderungan Berhenti Kerja Dalam Kalangan Kakitangan Universiti Pendidikan Sultan Idris
2019 PHD International Co-Supervisor Completed
- 12 Pengaruh Personaliti, Komitmen Dan Efikasi Kendiri Terhadap Prestasi Kerja Guru Sekolah Kebangsaan Di Kota Bharu
2019 PHD National Supervisor Completed

- 13 Pengaruh Personaliti, Beban Tugas Dan Tekanan Kerja Terhadap Potensi Untuk Mendera Kanak-Kanak Dalam Kalangan Pengasuh Taska Institusi Di Pulau Pinang
2025 PHD National Supervisor Completed
- 14 Framing Psychological Well-being Of Orphans Based On Anxiety And Depression Moderated By Resilience And Perceived Social Support
2026 PHD National Supervisor Presentation
- 15 THE RELATIONSHIP BETWEEN WORK PASSION AND SLEEP QUALITY WITH JOB SATISFACTION AMONG SPECIAL EDUCATION TEACHERS: THE ROLE OF MUSCULOSKELETAL PAIN AS A MODERATOR
2026 PHD National Co-Supervisor Presentation
- 16 Social Support, Adjustment And Academic Stress Among First Year Students In Syiah Kuala University
2014 Master International Co-Supervisor Completed
- 17 Job Related Affective Well Being And Perceived Supervisor Support As Contributing Factors To Work Engagement Of Lecturers
2022 Master National Supervisor Completed
- 18 The Role Of Social Support In Moderating The Relationship Between Work-related Stress And Compassion Fatigue Among Nurses In Malaysia
2025 Master National Supervisor Completed
- 19 Hubungan Persepsi Gaya Keibubapaan, Konsep Kendiri Dan Konsep Kendiri Akademik Dengan Kawalan Kemarahan Murid Sekolah Rendah.
2016 Master National Supervisor Completed
- 20 Penyesuaian, Motivasi Pencapaian Dan Pencapaian Akademik Pelajar Di Sebuah Sekolah Menengah
2015 Master National Supervisor Completed
- 21 Tekanan Kerja, Efikasi Kendiri Akademik Dan Komitmen Untuk Meneruskan Pengajian Dalam Program Pensiwazahan Guru
2015 Master National Supervisor Completed
- 22 Peranan Keperluan Asas Psikologi Sebagai Pengantara Bagi Hubungan Antara Iklim Sekolah Dengan Kesejahteraan Subjektif Pelajar
2023 Master National Supervisor Completed
- 23 Kebolehpercayaan Dan Kesahan Neo Five Factor Inventory (NEO-FFI) Dalam Mengukur Personaliti Pelajar Di Universiti Pendidikan Sultan Idris
2016 Master National Supervisor Completed
- 24 Masalah Ketagihan Internet (Internet Addiction) Dan Faktor-Faktor Yang Menyebabkannya Di Kalangan Pelajar SMK Jinjang, Kepong, Wilayah Persekutuan Kuala Lumpur
2014 Master National Supervisor Completed

- 25 **KEPUASAN KERJA DAN TEKANAN KERJA DALAM KALANGAN GURU KEMAHIRAN DI SEKOLAH MENENGAH PENDIDIKAN KHAS VOKASIONAL.**
 2019 Master National Supervisor Completed
- 26 **Hubungan Sikap Dan Motivasi Dengan Pencapaian Bahasa Inggeris Murid Sekolah Kebangsaan Felda Daerah Bera**
 2015 Master National Supervisor Completed
- 27 **The Impact Of Covid-19 On Mental Health Seeking Behaviour Among Secondary School Students In Malaysia**
 2024 Master National Supervisor Completed
- 28 **Faktor Penglibatan Dan Penolakan Rokok, Dadah, Alkohol Dan Tingkah Laku Seksual Dalam Kalangan Pelajar Tingkatan Empat**
 2017 Master National Supervisor Completed
- 29 **Exploring The Relationship Between Work-Related Factors And Psychological Well-Being Among Low-Income Working Mothers**
 2025 Master National Supervisor Completed
- 30 **Gadget Usage Amongst Preschool Children And Its Effect On Their Psychosocial Status**
 2021 Master National Supervisor Completed
- 31 **Impact Of Facial Acne On Social Apperences Anxiety On Young Adults In Malaysia**
 2025 Master National Supervisor Completed
- 32 **Faktor Sosio-Ekonomi Dan Gaya Didikan Ibu Bapa Terhadap Pencapaian Akademik Pelajar Berprestasi Tinggi Dan Pelajar Berprestasi Rendah**
 2014 Master National Supervisor Completed
- 33 **Persepsi Gaya Keibubapaan, Konsep Kendiri, Konsep Kendiri Akademik Dan Kawalan Kemarahan Dalam Kalangan Murid Tahun Lima.**
 2016 Master National Supervisor Completed
- 34 **A Perfect Motherhood : The Roles Of Maternal Perfectionism, Self-Esteem And Partner Support In Predicting Depression Among Mothers In Kuala Lumpur And Selangor**
 2026 Master National Supervisor Waiting for Viva
- 35 **The Relationship Between Toxic Leadership And Turnover Intention Among Malaysian Private Sector Employees : Perceived Supervisor Support And Work Resilience As Moderators**
 2026 Master National Supervisor Presentation
- 36 **The Impact Of Emotional Intelligence On Student Dependency Toward AI And Its Effects On Critical Thinking Skills**
 2026 Master National Supervisor In Progress
- 37 **Parental Stress In Malaysian Parents Of Children With Autism: The Role Of ,Acceptance, Stigma, And Financial Strain**
 2026 Master National Supervisor In Progress

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|----|---|------|--------|----------|---------------|------------------|
| 38 | Effectiveness Of Emotional Competency Module On Emotional Intelligence And Automatic Negative Thoughts Among Adolescents | 2022 | Master | National | Co-Supervisor | Completed |
| 39 | Emotional Intelligence And Perceived Social Support As Predictors Of Delinquency Among Adolescents In Selangor | 2021 | Master | National | Co-Supervisor | Completed |
| 40 | Relationship Of Burnout With Nursing Stress And Perceived Social Support | 2022 | Master | National | Co-Supervisor | Completed |
| 41 | Mobile Usage, Shopping Behavior And Study Habit As Contributing Factors To Depression, Anxiety And Stress | 2020 | Master | National | Co-Supervisor | Completed |
| 42 | The Modern Adult Experience Of High-Functioning Depression: A Qualitative Study On Societal Expectations And Perspective Shifts | 2026 | Master | National | Co-Supervisor | Waiting for Viva |
| 43 | Exploring The Clinical Psychopathological Symptoms Of Violent Media Consumption And Mass Violence Ideation Among Adolescents In Malaysia. | 2026 | Master | National | Co-Supervisor | Waiting for Viva |

CONSULTATION

- 1 Validation of Reports: InsightAccess
2024 CXS Analytics Sdn. Bhd. Completed
- 2 Validation of Instruments: OCEAN, RIASEC and Cognitive Assessment Test
2025 CXS Analytics Sdn. Bhd. Completed
- 3 Consultation: Development of Cognitive Assessment Scales
2024 CXS Analytics Sdn. Bhd. Completed
- 4 Research Writing Workshop
2024 Multimedia University Completed
- 5 Back-to-Back Translation of IPIP-Neo-120 and Riasec
2023 CXS Analytics Sdn. Bhd. Completed
- 6 Pemindahan Ilmu Asas Pengujian Psikometrik bagi Pembinaan Instrumen Pengukuran Kognitif Berkomputer (KTP UPSI 2023)
2023 CXS ANALYTICS SDN. BHD. & LPPKN Completed
- 7 CONSULTATION PROJECT FOR CXS ANALYTICS SDN. BHD: INSIGHTACCESS JOB PORTAL
2026 CXS Analytics Sdn. Bhd. In Progress
- 8 Perundingan FRGS Writing Workshop
2023 Multimedia University In Progress
- 9 Senior Technical Reviewer for INTERNATIONAL JOURNAL OF MODERN TRENDS IN SOCIAL SCIENCES (IJMTSS)
2032 Global Academic Excellence Completed
- 10 Penilai Artikel Jurnal
2022 Frontiers Completed
- 11 External Examiner for Master by Research
2021 UTAR Completed
- 12 Penyelaras Sarjana Psikologi [Psikologi Klinikal] USM-UPSI
2021 USM-UPSI Completed
- 13 Reviewer for Journal of Social Sciences and Humanities
2021 UPM Completed
- 14 Reviewer for Jurnal Peradaban Melayu
2021 UPSI Completed
- 15 Reviewer for EDUCATUM Journal of Social Science
2021 UPSI Completed

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| 16 | Reviewer for Malaysian Journal of Medical Sciences | 2021 | USM | Completed |
| 17 | Panel Penilai FRGS | 2020 | UPSI | Completed |
| 18 | Article Reviewer | 2020 | UPSI | Completed |
| 19 | Panel Penilai FRGS | 2020 | UPSI | Completed |
| 20 | Penilai Artikel Jurnal Pendidikan Bitara | 2020 | UPSI | Completed |
| 21 | Pemeriksa Luar Tesis Ijazah Sarjana | 2018 | UMS | Completed |
| 22 | Panel Penilai Book Chapters | 2017 | UTM | Completed |
| 23 | Penilai Program Akademik | 2023 | UPSI | Completed |
| 24 | AJK Penilaian Induk GPUSIG | 2022 | UPSI | Completed |
| 25 | Internal Examiner for PhD | 2021 | UPSI | Completed |
| 26 | Examiner for Master Student | 2020 | UPSI | Completed |
| 27 | Penilai GPU Khas 2018 | 2018 | UPSI | Completed |
| 28 | Penilai Modul Latihan | 2018 | UPSI | Completed |
| 29 | Penilai GPU 2018 | 2018 | UPSI | Completed |
| 30 | Penilai Artikel Jurnal Pendidikan Bitara | 2018 | UPSI | Completed |
| 31 | Penilai GPUBP 2018 | 2018 | UPSI | Completed |
| 32 | Penilai Bagi Permohonan Kemasukan Program Sarjana dan Doktor Falsafah Secara Penyelidikan | 2017 | UPSI | Completed |

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|----|---|------|-------|-------------|
| 33 | Ketua JK Unit Psikologi Penggubalan Double Degree | 2017 | UPSI | Completed |
| 34 | Penilai Artikel Jurnal Fakulti Pembangunan Manusia | 2017 | UPSI | Completed |
| 35 | Penilai Manuskrip | 2017 | UPSI | Completed |
| 36 | Panel Program Francais | 2017 | UPSI | Completed |
| 37 | Ahli Panel Perancangan Aktiviti dan Pembinaan Rubrik Untuk Sistem Penasihatn Akademik | 2017 | UPSI | Completed |
| 38 | Ahli Jawatankuasa Pelaksanaan iCGPA Unit Psikologi, Jabatan Psikologi dan Kaunseling | 2017 | UPSI | Completed |
| 39 | Panel Penilai Permohonan Geran Penyelidikan Universiti 2017 Secara Atas Talian | 2017 | UPSI | Completed |
| 40 | Pembaca Kedua Laporan Kertas Projek Sarjana Mod Kerja Kursus (Mod C) | 2017 | UPSI | Completed |
| 41 | Ahli Jawatankuasa Semakan Abstrak Program Pengajian Siswazah Fakulti Pembangunan Manusia | 2017 | UPSI | Completed |
| 42 | Research Proposal for Doctor of Philosophy | 2017 | UPSI | Completed |
| 43 | Penilai Bagi Permohonan Kemasukan Program Sarjana dan Doktor Falsafah Secara Penyelidikan | 2017 | UPSI | Completed |
| 44 | Ahli Kumpulan Penyedia Modul Massive Open Online Course (MOOC) | 2017 | UPSI | Completed |
| 45 | Semakan Laporan Tape Merah | 2016 | UPSI | Completed |
| 46 | Penilai Buku Panduan Hasil Penyelidikan | 2016 | NCDRC | Completed |
| 47 | Pemeriksa Dalam Tesis PhD | 2016 | UPSI | Completed |
| 48 | Technical Reviewer for ICHAP 2019 | 2019 | GAE | In Progress |
| 49 | Penyelaras Proses Semakan Semola Program Psikologi | 2017 | UPSI | In Progress |

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| 50 | Ahli Jawatankuasa Pelaksanaan iCGPA Unit Psikologi | 2017 | UPSI | In Progress |
| 51 | Penyelaras Proses Semakan Semola Program Psikologi | 2017 | UPSI | In Progress |
| 52 | International Visiting Lecturer Universitas Mercu Buana Yogyakarta | 2025 | Universitas Mercu Buana Yogyakarta | Completed |
| 53 | Visiting Professor | 2025 | Universitas Negeri Yogyakarta | Completed |
| 54 | External Examiner for PhD Dissertation Noor Azeiah Che Sat | 2025 | Universiti Kebangsaan Malaysia | Completed |
| 55 | External Examiner for Bachelor of Psychology Program City University | 2025 | City University | Completed |
| 56 | External Examiner for PhD Thesis Mohamad Najib Mat Pa | 2025 | USM | Completed |
| 57 | Penasihat Luar Program Sarjana Muda Psikologi dengan Kepujian | 2025 | UMS | Completed |
| 58 | External Examiner for Master Dissertation | 2025 | UTAR | Completed |
| 59 | External Examiner for PhD Dissertation Nukhat Afifa [Appointment for First Viva] | 2025 | Universiti Utara Malaysia | Completed |
| 60 | External Examiner for Master Dissertation | 2023 | UTAR | Completed |
| 61 | Program External Examiner for Bachelor of Applied Psychology (Hons.) | 2023 | City University | Completed |
| 62 | Panel Penilai bagi Permohonan Skim Geran Penyelidikan Fundamental (FRGS) Tahun 2025 | 2025 | UPSI | Completed |
| 63 | Panel Penilai FRGS 2023 | 2023 | UPSI | Completed |
| 64 | External Examiner for PhD Dissertation Nukhat Afifa [Appointment for Re-Viva] | 2026 | Universiti Utara Malaysia | In Progress |
| 65 | Penasihat Luar Program Diploma Psikologi | 2024 | Kolej Uniti | In Progress |
| 66 | Panel Penilai Program Akademik | 2025 | UPSI | In Progress |

AWARD / RECOGNITION

- 1 EMOTIONAL COMPETENCY MODULE
2020 International International Invention, Innovation & Tekhnology Exhibition, Malaysia 2020 Gold
- 2 EMOTIONAL COMPETENCY MODULE
2020 International International Invention, Innovation & Tekhnology Exhibition, Malaysia 2020 Gold
- 3 Optimizing Student Assessments: From Static MCQs to Adaptive Testing
2025 International International Education Innovation Competition (Edu@Innovate) 2025 Silver
- 4 Optimizing Student Assessments: From Static MCQs to Adaptive Testing
2024 International THE THIRD INTERNATIONAL COMPETITION ON SUSTAINABLE EDUCATION 2024 (SUSED 2024) Silver
- 5 CLEARING HOUSE NAVIGATOR: STREAMLINE YOUR PROGRESS
2023 National Karnival Inovasi@UMT 2023 Silver
- 6 Tokoh Perkhidmatan Cemerlang
2013 University UPSI